

## Phytochemical Screening and Pharmacological Activities of *Echium judaeum* Lacaita Extracts Growing Wild in Jordan

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### ABSTRACT

*Echium judaeum* Lac. (Boraginaceae) growing wild in Jordan has not been studied before phytochemically and pharmacologically. In this study the hydro-alcoholic extract was analyzed using Ultra Performance Liquid Chromatography-Mass Spectrometry (UPLC-MS). Total phenols and flavonoids were determined colorimetrically. Using SRB assay, the anti-proliferative effect against a panel of colorectal cancer cell lines (HT29, HCT116, SW620 and CACO2) was determined. Moreover anti-lipidemic and anti-obesity effects were examined, in addition to the determination of median lethal dose (LD<sub>50</sub>) of the aqueous extract. UPLC-MS analysis resulted in the identification of 6 compounds; luteolin, kaempferol, esculin, rosmarinic acid, echiumine and echimidine. LD<sub>50</sub> was more than 3000mg/kg body weight. Neither anti-obesity nor anti-proliferative effects were detected. Since *E. judaeum* is a safe species and contains phenolic compounds, further pharmacological screening is recommended.

**Keywords:** *Echium judaeum* Lacaita, Boraginaceae, Obesity, starch digestion, LD<sub>50</sub>, Colorectal cancer, UPLC-MS.

### 1. INTRODUCTION

Obesity prevalence is alarmed globally and is associated with the prevalence of chronic diseases such as cardiovascular diseases, diabetes mellitus, and cancer (colon, breast, and endometrial).<sup>1-4</sup> Inhibition of human pancreatic lipase and amylase enzymes can be considered as a successful and relatively safe target of obesity treatment by using orlistat and acarbose which are the only approved synthetic drugs.<sup>1</sup> Unfortunately both drugs are accompanied by different side effects.<sup>3-8</sup> Therefore, many effective alternative natural preparations with fewer side effects have been proposed for the treatment of obesity<sup>3-7</sup>.

In Jordan, many previous studies reported effective plant extracts with promising pancreatic lipase and amylase inhibitory potential.<sup>2, 5, 8</sup>

Jordan is known with its various topography and climate that locates it at the junction of four biogeographical regions: the Sudanian or tropical, the Saharo-Arabian, the Irano-Turanian and the Mediterranean.<sup>9-12</sup> Consequently, Jordan is rich and bio-diverse in its flora and fauna; where 2,500 plant species of about 900 genera and 140 families were documented. It is estimated that approximately 20% of the overall flora are used in tradition medicine.<sup>13</sup>

The family Boraginaceae covers about 120 genera with reported 200 species.<sup>9,14</sup> The genus *Echium* comprises about 40 species of annual, biennial or perennial herbs, mainly distributed in the Mediterranean region.<sup>15</sup> In

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Jordan, the genus *Echium* is represented by four species, namely: *E. glomeratum* Poir., *E. plantagineum* L., *E. rauwolfii* Delile. and *E. judaeum* Lac.<sup>12,15,16</sup>

*Echium judaeum* Lacaita (Judean Viper's-bugloss) is commonly known as "Hemem Al-Ghor" in Arabic.<sup>17</sup> It is an annual, erect, green showy plant which grows up to 20-50 cm and covered with dense whitish hairs. The leaves are oblong, sessile and hairy. The flowers are blue-violet, trumpet-like and 2-3 cm in diameter. It is mainly distributed in Upper and Lower Jordan Valley. Flowering occurs from March to April.<sup>16</sup> Earlier, the toxicity of different *Echium* species was determined and reported for *E. glomeratum*, *E. rauwolfii* and *E. plantagineum* L.<sup>9,18,19</sup> The toxicity in these studied species was mostly correlated to different pyrrolizidine alkaloids.<sup>20-24</sup> To the best of our knowledge, there are no previous reports found in the literature regarding the safety issue of *E. judaeum*. In a survey on less-frequently used medicinal herbs in Jordan, some of its traditional uses, such as in hyperactivity, nervousity, general weakness, eczema and dermatological ailments were reported.<sup>25</sup> Furthermore, Qasem (2015) has described other traditional uses for this species such as, analgesic, aphrodisiac and diaphoretic activity, as well as its possible beneficial use in snake bites.<sup>26</sup> Furthermore *E. judaeum* was reported to be a significant Honeybee polleniferous and nectariferous plant.<sup>27</sup>

The objective of the present study was to screen *E. judaeum*, grown wild in Jordan phytochemically and biologically in determining the median lethal dose (LD<sub>50</sub>) of its aqueous extract and evaluating the possible anti-proliferative activity against colorectal cell lines as well as  $\alpha$ -amylase and pancreatic lipase inhibitory potentials of its extracts.

## MATERIALS AND METHODS

### Chemicals, biochemicals and instruments

Unless stated otherwise, all reagents and chemicals

were obtained from Sigma (Dorset, UK). Glucose GOD-PAP kit was obtained from BioLabo Reagents, France. In UV determinations; UV-VIS spectrophotometer from SpectroScan 80D (UK) was used. Sonicator (Bandelin Sonorex, Bandelin electronics, Germany), RPMI 1640, PAA Laboratories GmbH, Austria and rotary evaporator (Laborota 4000-efficient, Heidolph, Germany) were also used. From different companies aluminum chloride (AlCl<sub>3</sub>) anhydrous, (Merck-Schuchardt, Germany), rutin, (Alpha-acer, Germany) and sodium carbonate (Na<sub>2</sub>CO<sub>3</sub>) anhydrous, (Merck-Schuchardt, Germany) were purchased.

### Plant Collection

*E. judaeum* was collected from Al-Salt region, about 30 km northwest of Amman, during the period extending from March to April, 2016. The plant was identified by Prof. Barakat E. Abu-Irmaileh at the Department of Plant Protection, School of Agriculture, The University of Jordan. Voucher specimens (FMJ-BORA 2) were deposited at the School of Pharmacy, The University of Jordan and Al-Balqa Applied University. The whole plant was air dried in the shade and purified from extraneous material at room temperature (RT) without direct exposure to sunshine until constant weight, and later used for extraction.

### Preparation of the *E. judaeum* extracts

Aqueous extract was prepared by refluxing 10 g of the dried coarsely powdered plant material with 100 mL tap water for 15 min. The overnight kept extract was filtered twice through filter paper and the volume of the filtered solution was increased to 100 mL with tap water to obtain 10% (equivalent to 100 mg/ mL) crude aqueous solutions.<sup>28</sup> Sonication of stock crude extract or testing concentrations was performed before application of examinations. For pancreatic lipase (PL) experiment; water was evaporated under vacuum at 40 °C using a rotary evaporator. The solid residue was collected and stored in

dry conditions until analysis. Hydro-alcoholic extract was prepared using 10 g of the dried and coarsely powdered plant material and was gently refluxed for 30 min using 70% ethanol, kept overnight, filtered and solvents were evaporated. For cytotoxicity assay, 100 mg of the hydro-alcoholic extract was dissolved in 10 mL DMSO (stock solution).

#### **Ultrapformance liquid chromatography high-resolution mass spectrometric (UPLC- HR ESIMS) evaluation of the *E. judaeum* hydro-alcoholic extract**

Phytochemical screening of *E. judaeum* was based on the method published earlier using the same chromatographic parameters.<sup>29</sup> The HRESIMS data were obtained using a Thermo QExactive Plus mass spectrometer (ThermoFisher, San Jose, CA, USA) paired with an electrospray ionization source. The QExactive Plus was adjusted to collect data from 150 to 2000 m/z at a resolution of 70 000.

#### **Evaluation of Total Phenolic Content**

The total phenolic content was determined as described earlier.<sup>30</sup> Briefly, a stock solution of 1 mg/ml in 95% v/v methanol (MeOH) was prepared using the solid hydro-alcoholic extract. Total phenolic content was estimated using the FCR Reagent method and gallic acid as standard. Ten milliliters of Folin–Ciocalteu reagent were dissolved in water (90 mL). Three grams of sodium carbonate ( $\text{Na}_2\text{CO}_3$ ) was diluted in water (50 mL). Then 200  $\mu\text{L}$  of the extract was added to 1.5 mL FCR in a test tube and kept for 5 min at room temperature in a dark place, followed by addition of 1.5 mL of  $\text{Na}_2\text{CO}_3$  solution. The blue solution was mixed well by hand. The same procedure was followed for gallic acid standard using eight different concentrations for the calibration curve (0, 1.4, 4.3, 13, 40, 100, 300 and 1000  $\mu\text{g}/\text{mL}$  in 95% v/v methanol). All the test tubes were kept for 120 min in a dark place at room temperature. The absorbance of the tested extract was measured at 750 nm and methanol 95% v/v as blank. All

the measurements were prepared in triplicate. Total phenolic content is estimated as gallic acid equivalents (GAE) in mg/g for *E. judaeum* extract.

#### **Evaluation of Total Flavonoids**

The total flavonoid content was determined by spectrophotometric method as described earlier using rutin as reference compound.<sup>31</sup> *E. judaeum* hydro-alcoholic extract stock solution (1 mg/ml in 95% methanol) was mixed in (1:1) ratio with 2% solution of aluminum trichloride ( $\text{AlCl}_3$ ) in 95% methanol. The absorption at 415 nm was measured after 1hr at RT. Quantitative determinations were done based on standard calibration curve of six different concentrations (0, 10, 20, 40, 80 and 100  $\mu\text{g}/\text{mL}$  of rutin in 95% MeOH). The absorption of rutin solutions were measured under the same conditions. All the measurements were prepared in triplicate. The amount of flavonoids in *E. judaeum* extract expressed as rutin equivalents (RE) and was calculated by the following formula:

$$X = A - 0.0154/0.0037.$$

Where: X is the flavonoid content in (mg RE/g plant extract); A is the absorption of plant extract solution.

#### **Determination of oral acute toxicity**

##### **Animals**

BALB/C male mice (25-30g) were used for acute toxicity estimation in the Experimental Animal Laboratory of the School of Medicine, The University of Jordan. All animals were pathogen free housed, fed and treated in accordance with the in-house ethical guidelines for animal protection.<sup>32,33</sup> The animals were kept in groups of six and sustained on 12 h light-dark cycle under controlled temperature (25 °C) with standard pellet diet and water ad libitum. Animals were acclimated before starting the experiment. Before the administration of the oral

solutions, animals were retained without food for 12 h but free access to water was permitted. The experiment was performed following the OECD standards for these studies.<sup>33</sup>

#### Determination of LD<sub>50</sub>

*E. judaeum* aqueous extract was administered orally by gavage in stepwise graded doses of (250, 500, 1000, 1500, 2000, 2500, 3000 mg/kg) to the animals in the test groups. The animals were randomly divided in eight groups, each group consisting of six animals with an average body weight of 25 grams. Each of the mice in the control group was treated with distilled water only. The mice in both, the test and control groups had free access to food and water. Animals were continuously observed after extract administration for 2, 4, 6, and 12 h. to detect any possible changes in the behavioral responses. Finally, they were monitored for any mortality after 24 hours to estimate median lethal dose (LD<sub>50</sub>). The animals were observed further during the following 14 days.

#### Spectrophotometric quantification of PL inhibition *in vitro* for *E. judaeum* aqueous extract and the reference drug Orlistat

*E. judaeum* aqueous extract was initially dissolved in Tris-HCl buffer (2.5 mM (Promega, USA), pH 7.4 with 2.5 mM NaCl) to give initial stock solution with a concentration range 0.1–100 mg/mL. Subsequently, 20 µL aliquot of the stock solution was used in the reaction mixture to give a final concentration range of 2-2000 µg/mL. The extract was prepared according to the traditional indications of use, thus DMSO or any other organic solvent; even to the minimum concentration was avoided.<sup>8</sup> Finally, orlistat, the reference drug (in DMSO; 1 mg/mL), was prepared in six different stock solutions with a concentration range of 0.625-20 µg/ mL.<sup>34</sup> Thereafter, 20 µL aliquot of each stock solution was used in the reaction mixture to give a final concentration range of 0.0125-0.4 µg/ mL. *In vitro* enzymatic PL activity was assayed

according to Al-Hallaq et al. (2013).<sup>5</sup> Subsequent measurements were undertaken for the tested extract and orlistat in comparison to control evaluations, to calculate the concentration required for PL 50% inhibition (IC<sub>50</sub>).

#### *In vitro* enzymatic starch digestion assay

*In vitro* enzymatic starch digestion was assayed with acarbose, as the reference drug.<sup>8</sup> The extent of polysaccharide breakdown into glucose was evaluated in a concentration range of 1, 5, 10, 12.5, 25, 50 and 100 mg/mL of *E. judaeum* aqueous extract. The effects of acarbose at 1000 µg/mL concentration were evaluated as well. Control (tap water only) samples contained neither acarbose nor plant extract.

#### *In vitro* anti-proliferative assay

Obesity related colorectal cell lines HT29, HCT116, SW620 and SW480 were generously provided by Dr. R. F. Thorne (University of Newcastle, Australia) and were cultured in high glucose DMEM containing 10% FCS (Bio Whittaker, Verviers, Belgium). CACO2 cell line was a gift of Prof. Y. Bustanji, School of Pharmacy, The University of Jordan. CACO2 cell line was cultured in RPMI 1640 containing 10% FBS, HEPES Buffer (10 mM), L-glutamine (2 mM), gentamicin (50 µg/mL), penicillin (100 U/mL), and streptomycin sulfate (100 mg/mL). The cytotoxicity measurements were determined using Sulforhodamine B (SRB) colorimetric assay for cytotoxicity screening and mechanism of reduction of cell viability as described previously.<sup>8</sup> Human periodontal fibroblasts (PDL) are a primary cell culture for verification of selective cytotoxicity with the least antiproliferative IC<sub>50</sub> value obtained. As a robust and classical antineoplastic reference agent, cisplatin (0.1-200 µg/mL), was recruited for comparison purposes.<sup>8</sup> All of the assays were performed in triplicate and the calculated antiproliferative activities were reported as the mean values ± SD (n=3).

RESULTS AND DISCUSSION

Ultraperformance liquid chromatography-high resolution mass spectrometric (UPLC- HRESIMS) method analysis of the hydro-alcoholic extract

The phytochemical screening using HRESIMS and different reference compounds revealed the identification of six compounds; two alkaloids (echiumine, echimidine) and four polyphenols (esculin, rosmarinic acid, luteolin and kaempferol) (Table 1, Figures 1-6). Previous studies reported the occurrence of kaempferol, rosmarinic acid, echiumine and echimidine in other *Echium* species.<sup>35-38</sup> This is the first report to detect these secondary

metabolites in *E. judaeum*.

Table 1. UPLC- HRESIMS screening results of *E. judaeum* hydroalcoholic extract

Identified compound	Chemical class
Luteolin	Flavonoid
Kaempferol	Flavonoid
Esculin	Coumarin
Rosmarinic acid	Polyphenol
Echiumine	Alkaloid
Echimidine	Alkaloid

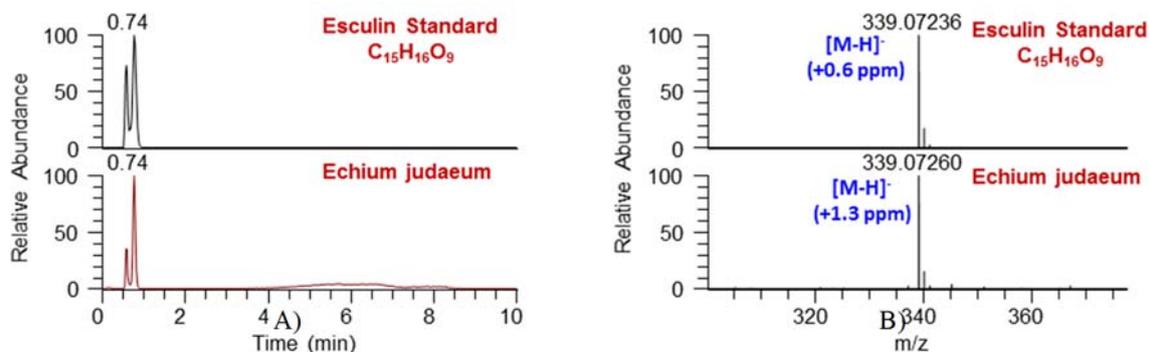


Figure 1: (A) Overlay of chromatographic peaks of the (-)-ESI SIC of esculin standard and crude *Echium judaeum* extract. (B) (-)-HRESIMS of Esculin

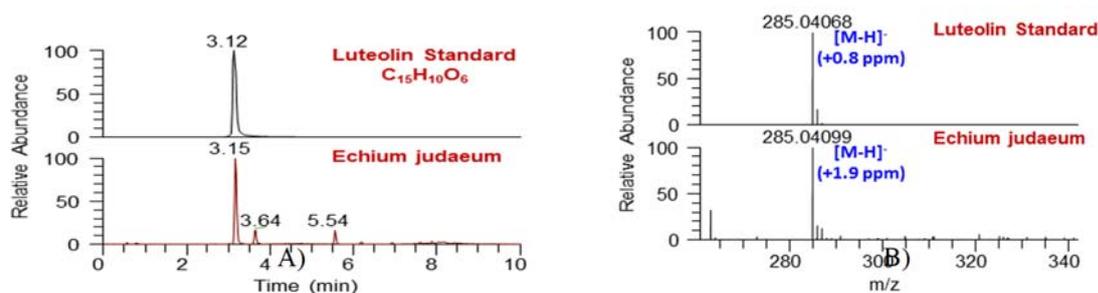


Figure 2: (A) Overlay of chromatographic peaks of the (-)-ESI SIC of luteolin standard and crude *Echium judaeum* extract. (B) (-)-HRESIMS of Luteolin

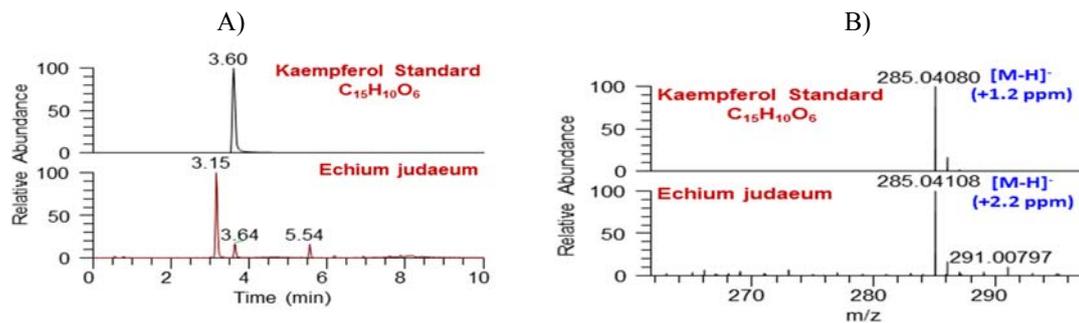


Figure 3: (A) Overlay of chromatographic peaks of the (-)-ESI SIC of kaempferol standard and crude *Echium judaeum* extract. (B) (-)-HRESIMS of Kaempferol

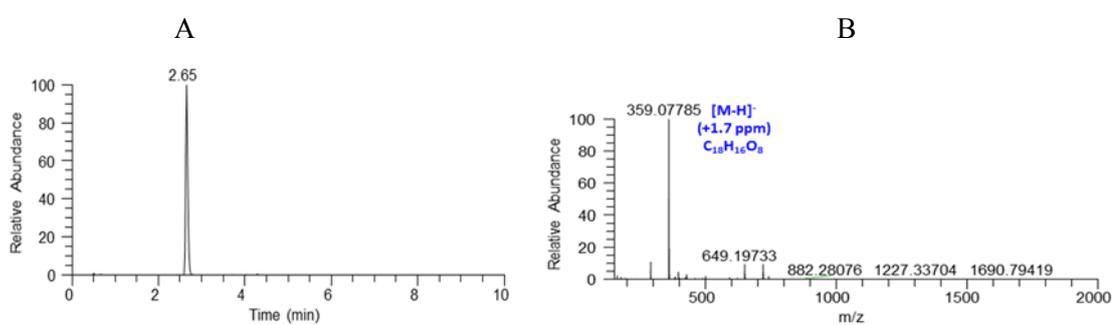


Figure 4: (A) (-)-ESI SIC of crude *Echium judaeum* extract ( $m/z$ : 359; rosmarinic acid). (B) (-)-HRESIMS of Rosmarinic acid

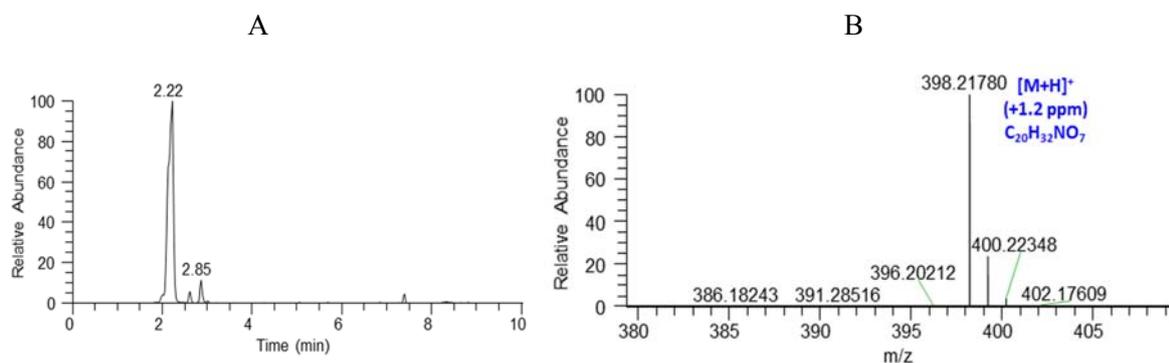
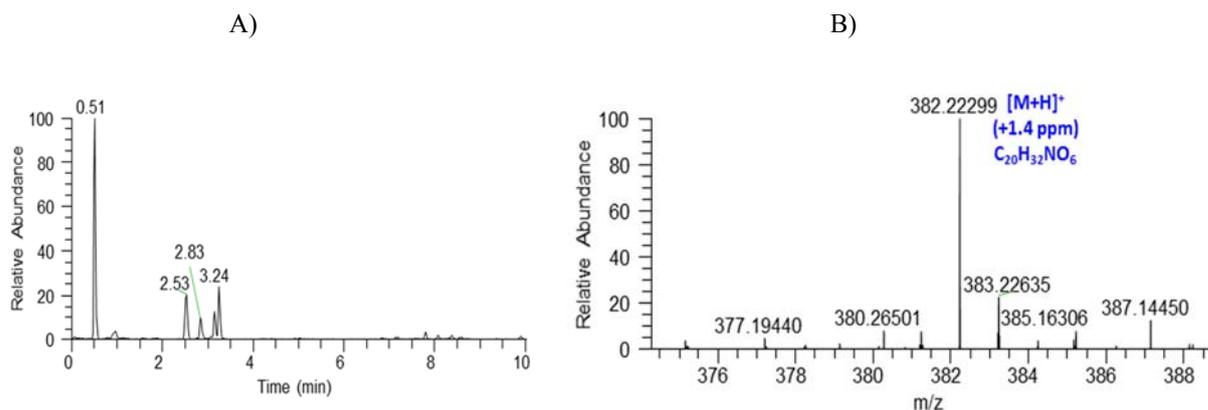


Figure 5: (A) (+)-ESI SIC of crude *Echium judaeum* extract ( $m/z$ : 398; echimidine). (B) (+)-HRESIMS of Echimidine



**Figure 6: (A) (+)-ESI SIC of crude *Echium judaeum* extract ( $m/z$ : 382; echiumine).  
(B) (+)-HRESIMS of Echiumine**

### Determination of Total Phenolic Content and Estimation of Total Flavonoids

Total phenolic content and total flavonoids were determined for the hydroalcoholic extract of *E. judaeum* and their values were  $23.92 \pm 0.28$  mg GAE/g plant extract and  $12.44 \pm 0.16$  mg RE/g plant extract respectively, as shown in Table 2. To the best of our knowledge this is the first time to estimate the total flavonoids of *E. judaeum*.

**Table 2. Total phenolic and total flavonoids contents of *E. judaeum* hydroalcoholic extract\***

Total phenolic content (mg GAE/g plant extract) <sup>a</sup>	$23.92 \pm 0.28$
Total flavonoid content (mg RE/g plant extract) <sup>b</sup>	$12.44 \pm 0.16$

\* All data are shown as mean  $\pm$ SD. All measurements were performed in triplicate.

<sup>a</sup> Data are expressed as mg of gallic acid equivalents (GAE) per g plant extract.

<sup>b</sup> Data are expressed as mg of rutin equivalents (RE) per g plant extract.

Phenolic compounds have the high activity to counteract free radicals.<sup>39</sup> Many natural polyphenolic

compounds have been reported to inhibit both lipase and  $\alpha$ -amylase enzymes *in vitro*.<sup>5, 8, 39, 40</sup>

Consequently, phenolics quantification in food and medicinal plant extracts is a common practice. The Folin-Ciocalteu assay is the most frequently used procedure to estimate total phenolic content of food and plant extracts.<sup>39</sup> Therefore, in the present study, total phenolic and total flavonoid contents of *E. judaeum* extract were determined. The total phenolic content was determined for both the aqueous and methanol extracts of *E. judaeum* in a previous study and were estimated as 11.7 and 11.5 mg GAE /g dry extract weight respectively<sup>41</sup>, values that differ from the results of the present study. These variations could be explained by the different extraction solvents used in both studies in addition to seasonal and regional factors in the locations from where the plant samples were collected.

### *In vitro* inhibitory effects of *E. judaeum* aqueous extract on PL and enzymatic starch digestion

The pancreatic triacylglycerol lipase (PL) modulatory profiles of the aqueous extract of *E. judaeum* are shown in Table 3. For orlistat's PL-IC<sub>50</sub> was  $114.0 \pm 4.0$  ng/mL (equivalent to  $0.2 \pm 0.0$   $\mu$ M), which is comparable to the reported PL-IC<sub>50</sub> values elsewhere.<sup>34</sup> Similar to orlistat

performance, a marked concentration dependent PL inhibition trend was obtained for the tested extract. With acarbose the reference drug, glucose liberation from starch was inhibited with an IC<sub>50</sub> value of 0.2± 0.02 µg /mL (Table 3). The *E. judaeum* aqueous extract, on the other hand showed a dose-related reduction in glucose release

from culinary polymeric cornstarch with IC<sub>50</sub> of 20.9 ± 3.14 (mg/mL) as listed in Table 3. Although recently Buchholz and Melzig (2015) have reported PL-inhibitory activity for *E. vulgare*, no pancreatic lipase or α-amylase enzymes inhibitory effects were detected for *E. judaeum* extracts.<sup>42</sup>

**Table 3. In vitro PL and enzymatic starch digestion IC<sub>50</sub> values for *E. judaeum* aqueous extract, compared to reference drugs\***

Tested material	Pancreatic Lipase IC <sub>50</sub> (µg/mL)*	Triacylglycerol Enzymatic Starch Digestion IC <sub>50</sub> (mg/mL)*	Sugar (mM) interferences at 100 mg/mL
<i>E. judaeum</i> Aqueous Extract	551.85±69.51	20.9±3.14	2.51
Reference Drugs	Orlistat 0.114 ± 0.01 µg /mL	Acarbose 0.2± 0.02 µg /mL	

\*Results are mean ± SD (n = 3 independent replicates).

#### Determination of LD<sub>50</sub>

Before the determination of various biological activities of natural product, oral acute toxicity in mice should be estimated, as they are sensitive to plant noxious substances.<sup>43</sup> The application of the extracts in increasing amounts assists the evaluation of the toxicity level.<sup>44</sup> After 24 h of oral administration, the *E. judaeum* extract did not create lethality or any sign of acute intoxication in the mice in dose concentration up to 3000 mg/kg. The animals were healthy after two weeks observation-without noticing any clinical abnormalities in comparison with the control group, which in turn is an indication of the safety of the plant under investigation. Therefore, aqueous extract of *E. judaeum* was safe up to a dose of 3000 mg/kg body weight.

#### *E. judaeum* anti-proliferative activity in obesity related colorectal cancer cell lines

NCI nominates a medicinal herb for its therapeutic or prophylactic effects if its crude extract shows an antiproliferative IC<sub>50</sub> value of less than 30 µg/mL.<sup>45</sup> The

anti-proliferative efficacies of *E. judaeum* hydro-alcoholic extract compared to the reference agent (cisplatin) in all tested colorectal carcinomas are illustrated in Table 4. *E. judaeum* hydro-alcoholic extract cytotoxicity against HT29, HCT116, SW620 and CACO2 proved substantially potent over 72h incubations; nevertheless, it lacked selective cytotoxicity in PDL fibroblasts wells.

Colon cancer is the second most commonly occurring cancer in Jordan which is in certain cases correlated to obesity.<sup>46-49</sup> In the present study *E. judaeum* extract did not exhibit any anti-proliferative activity towards the tested colon cancer cell lines. However, it is recommended to screen other colon cancer cell lines. Moreover Moallerm et al. (2007) reported that the two *Echium* species, namely *E. vulgare* and *E. amoneum* growing in Iran are used as mood stimulant and they showed that the extracts of both species exhibit antidepressant activities.<sup>37</sup> Therefore it is suggested to evaluate the antidepressant activity of *E. judaeum* in future studies.

**Table 4. IC<sub>50</sub> values (µg/mL) of *in vitro* anti-proliferative activity of crude *E. judaeum* extract on colorectal cancer cell lines**

Tested material	Cytotoxicity (as of % control) IC <sub>50</sub> value (µg/mL)*					
<i>E. judaeum</i> hydro-alcoholic extract	HT29	HCT116	SW620	CACO2	SW480	Fibroblasts
	NI	NI	NI	179.4±45.1	NI	114.7±0.4
Cisplatin	2.4±0.13	0.04±0.006	2.2±0.1	3.52±0.4	2.06±0.32	2.4±0.13

\* Results are mean ± SD (n = 3-4 independent replicates). IC<sub>50</sub> values (concentration at which 50% inhibition of cell proliferation took place in comparison to non-induced basal 72 h incubations) were calculated within 0.1-200 µg/mL range.

### CONCLUSION

This is the first report of phytochemical screening, LD<sub>50</sub> estimation and determination of pancreatic lipase and starch digestion inhibitory potential as well as the anti-proliferative evaluation of *E. judaeum* species growing wild in Jordan. Since *E. judaeum* was found to contain polyphenolic compounds that have a wide range of approved biological benefits, screening of the crude aqueous and hydro-ethanol extracts for other *in vitro* biological activities (antimicrobial, antioxidant,

antidepressant and anti-proliferative effects using different cancer cell lines) is recommended, especially that *E. judaeum* was approved to be safe in this study.

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## التحليل الكيميائي والمسح البيولوجي لمستخلصات نبات حميم الغور. *Echium judaeum* Lac. في الأردن

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### ملخص

هذه المرة الأولى التي يدرس فيها نبات حميم الغور في الأردن من حيث التعرف إلى مركباته الكيميائية ودراسة خصائصه العلاجية. خلال الدراسة الحالية تم تحليل المستخلص الإيثانولي المائي للنبتة المدروسة للمرة الأولى باستخدام الفصل الكروماتوغرافي الفائق للسائل والمطياف الكتلي الذي نتج عنه التعرف إلى ستة مركبات هي: من مجموعة الفلافونويدات (luteolin و kaempferol) ومن مجموعة الأحماض الفينولية (rosmarinic acid) ومن مجموعة الكومارين (esculin) ومن مجموعة القلويدات (echimidine و echiumine). كذلك تم تحليل المحتوى الفينولي والمحتوى الفلافونويدي لنفس المستخلص. على صعيد النشاط الحيوي لم يظهر المستخلص أي أثر فاعل عند دراسته من حيث النشاط المضاد للأورام ضد خلايا سرطان القولون والمستقيم المخبرية من نوع (HT29, HCT116, SW620 and CACO2) باستخدام طريقة SRB وعند دراسة مفعول مكافحة السمنة وخفض مستوى الدهون بالجسم لمستخلص النبتة المائي لم يظهر المستخلص أي أثر. وتبين أن المستخلص المائي للنبتة آمن وغير سام عند دراسة الجرعة القاتلة على فئران BALB/C والتي بلغ مقدارها أكبر من 3000 ملغم لكل كيلوغرام والتي تدرس للمرة الأولى. كما وتوصي الدراسة بمزيد من الفحوصات للأثر العلاجي للنبتة حيث إنها آمنة ولمكوناتها الكثير من الخصائص العلاجية الأخرى التي لم تدرس بعد.

**الكلمات الدالة:** حميم الغور، الحممية، هضم النشا، السمنة، الجرعة القاتلة، سرطان القولون والمستقيم، الفصل الكروماتوغرافي الفائق للسائل والمطياف الكتلي.

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